



**Boys & Girls Clubs**

A good place to be

**St. Alban's Boys' and Girls' Club**

## THE ST. ALBAN'S SCOOP

### Spotlight on adult programs

Why should the kids get all the fun? St. Alban's is a good place to be—for adults too! We offer a number of drop in programs for adults, many are free with membership.

Adult programs include body enhancement/strengthening class, functional gentle wand fusion class, tai chi, rock climbing, basketball and soccer. We have a weight room that is free to use whenever the club is open. We also offer aquatic lessons, lap swim and aqua fit programs for adults.

### Introducing Tara Huddlestone



We are very pleased to welcome our new Youth Service Coordinator, Tara Huddlestone. Tara comes to us with experience in children and youth recreational programming having worked at Eastview Boys and Girls Club in Oshawa.

Tara is looking forward to meeting the youth and families of St Alban's—please introduce yourself to her when you see her at the Club.

### Spirit of Sound Competition

There was lots of excitement in the recording studio this fall, as youth had an opportunity to be heard and recognized for their musical talents. St. Alban's invited youth from across the city to our recording studio for the first annual Spirit of Sound Competition.

This competition allowed participants from every Boys & Girls Club in Toronto the chance to record an original song with the help of local recording artists and mentors. St. Alban's resident sound engineers welcomed the opportunity to mentor youth from other clubs and the results of their collaborative efforts have been impressive.

A panel of judges will pick the ten best songs and these will be recorded onto a benefit CD that will be sold in stores and online. Another great outcome of this competition will be a benefit concert for the Boys & Girls Clubs of Toronto featuring performances from the Spirit of Sound participants and local recording artists.

Nov/Dec 2008



#### Upcoming events

December 6 - Day of remembrance. Ending Violence against Women.

December 11—Community holiday potluck

#### Winter Aquatic Registration

**Tuesday Dec 9 at 9am** for all aquatic lessons. Schedule available online or at the Club.

#### Club Closures

Dec 24—at noon  
Dec 25-28, Jan 1

#### Holiday Break Camp

Full day of programming—while school is out—sports, crafts, games, arts & crafts, swimming and other fun activities. Pre-registration necessary. \$30/day.

Dec 5—PA Day  
Dec 22, 23, 29, 30, 31, Jan 2—Holiday Break



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### Jully Black and Luther Brown visit the Jane and Finch Club

Juno award winning recording artist Jully Black and choreographer Luther Brown recently signed on as spokespersons for the Building Boys and Girls Club Campaign.

The first goal of the campaign is to raise the funds to build a youth centre at the Jane and Finch Club. The children of the Club were very excited to have Jully and Luther visit on November 7th.

### Sears supports Boys and Girls Clubs during the holidays

To celebrate the 2008 holidays, Sears Canada has developed Snowball, a holiday plush snowman that is available for purchase for \$3.99 at Sears stores across Canada. A portion of each sale will go towards supporting local Boys and Girls Club after school programs.

The Sears **Tree of Wishes** is a tree covered with golden stars, each with a child's name, age and Holiday "wish gift" attached to it. In each participating Sears store, customers are encouraged to help a less fortunate child in their community by choosing a star and purchasing the child's wish gift. Once the wishes have been fulfilled, staff and volunteers from the benefiting local charity partner often join Sears Associates to wrap and deliver the gifts. The wishes of the kids at St. Alban's are on the tree at the Eaton Centre location.

### St. Alban's is turning 60!



In 2009, St. Alban's will be sixty years old! There will be anniversary celebrations all year long, and an exciting event in November. If you know of any St. Alban's alumni, please have them get in touch with us so that we can add them to the contact list.

For more information, visit our website [www.stalbansclub.ca](http://www.stalbansclub.ca).

Questions or comments? E-mail us at [info@stalbansclub.ca](mailto:info@stalbansclub.ca) or call 416-534-8461.

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