



St. Alban's
Boys' and Girls' Club
A good place to be

Invitational Swim Meet Fall 2010

On Thursday November 25th St. Alban's held its first ever open invitational swim meet at our Winona Pool. It was a friendly competition between our Palmerston and Winona Swim Teams. We had a great turn out with 22 competitors and a full viewing gallery! Congratulations to all those swimmers who participated, everyone was at their very best! The Superstars of the night were: Nolan Marcus, Deanna Salgado, Noam Silverman, and Alyssa Jerome. Thanks to all the hard work and dedication of Fabian Salgado, Elite Program Head, the night was a success! Special thanks to Kelsey Flynn, Jeff Ip, Youth Compass, Youth Council, and all our other volunteers. We look forward to hosting another meet next session and hope that we will be joined by other Boys and Girls Clubs!

Results

Event 1		Girl's 100mts Individual Medley		
10&U				
	Name	Age	Code	Time
1	Alyssa	10	Winona	1:55:00
2	Cecilia	10	Palmerston	2:09:52
3	Taryn	9	Winona	2:16:03
4	Deanna	8	Winona	2:19:47
5	Paola	9	Palmerston	2:29:55
6	Elizabeth	8	Palmerston	2:33:00
7	Sasha	9	Winona	2:34:22
	Kaylie	8	Palmerston	DNS
	Olivia	9	Palmerston	DNS
	Olivia	10	Palmerston	DNS
	Francesca	9	Palmerston	DNS
	Desana	9	Palmerston	DNS

Event 2
10&U
Boy's 100mts Individual Medley

	Name	Age	Code	Time
1	Nolan	9	Winona	1:57:00
2	Zachary	10	Palmerston	2:08:34
3	Jack	10	Palmerston	2:16:22
4	Justin	10	Palmerston	2:23:77
5	Adam	9	Winona	2:26:00
6	Noam	7	Winona	2:38.69
7	Dries	8	Winona	2:45.44
8	Ryan	8	Winona	2:56.39
9	Jackson	9	Palmerston	3:08.66
	Christos	9	Winona	DNS
	Michael	10	Palmerston	DNS
	Hasan	8	Winona	DNS

**Event 3&5
11&12 13&14**

Girl's 100mts Individual Medley

	Name	Age	Code	Time
1	Natasha	11	Winona	2:01.27
	Izabella r	11	Winona	DNS
	Jamie	13	Palmerston	DNS
	Michala	13	Palmerston	DNS
	Jaylin	11	Palmerston	DNS

**Event 4&6
11&12 13&14**

Boy's 100mts Individual Medley

	Name	Age	Code	Time
1	Natan	11	Winona	2:09.00
2	Marek	11	Palmerston	2:06.20
3	Dale	11	Winona	2:10.56

**Event 7
8&U**

25mts Freestyle

	Name	Age	Code	Time
1	Deanna	8	Winona	22
2	Amilia	7	Palmerston	22.66
3	Elizabeth	8	Palmerston	31.88

Kaylie Ngan	8	Palmerston	DNS
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8&U**25mts Freestyle**

	Name	Age	Code	Time
1	Noam	7	Winona	26.97
2	Ryan	8	Winona	29.38
3	Dries	8	Winona	30..93
	Hasan	8	Winona	DNS

Event 9**25mts Freestyle****9&10**

	Name	Age	Code	Time
1	Alyssa	10	Winona	19.71
2	Paola	9	Palmerston	23.25
3	Cecilia	10	Palmerston	24
4	Taryn	9	Winona	25.09
5	Sasha	9	Winona	26.27
	Dylann	10	Palmerston	DNS
	Francesca	9	Palmerston	DNS
	Desana	9	Palmerston	DNS
	Olivia	9	Palmerston	DNS
	Olivia	10	Palmerston	DNS

Event 10**25mts Freestyle****9&10**

	Name	Age	Code	Time
1	Justin	10	Palmerston	18.13
2	Zachary	10	Palmerston	19.67
3	Nolan	9	Winona	21.54
4	Christos	9	Winona	22.14
5	Jack	10	Palmerston	22.74
6	Adam	9	Winona	23.41
7	Jackson	9	Palmerston	44.58
	Michael	10	Palmerston	DNS

Event 11-13**25mts Freestyle****11&12 13&14**

	Name	Age	Code	Time
1	Natasha	11	Winona	18.03
	Michala	13	Palmerston	DNS
	Jamie	13	Palmerston	DNS
	Rebecca	15	Palmerston	DNS
	Izabella	11	Winona	DNS
	Jaylin	12	Palmerston	DNS

Event 12-14**25mts Freestyle****11&12 13&14**

	Name	Age	Code	Time
1	Natan	11	Winona	19.7
2	Marek	11	Palmerston	21.33
3	Dale	11	Winona	22.62

Event 15**25mts Backstroke****8&U**

	Name	Age	Code	Time
1	Deanna	8	Winona	27.87
2	Amilia	7	Palmerston	30.05
3	Elizabeth	8	Palmerston	30.91
	Kaylie	8	Palmerston	DNS

8&U

	Name	Age	Code	Time
1	Noam	7	Winona	33.4
2	Dries	8	Winona	33.85
3	Ryan	8	Winona	34.27
	Hasan	8	Winona	DNS

Event 18**25mts Backstroke****9&10**

	Name	Age	Code	Time
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1	Alyssa	10	Winona	22.81
2	Taryn	9	Winona	27.72
3	Cecilia	10	Palmerston	27.82
4	Paola	9	Palmerston	30.86
5	Sasha	9	Winona	35.01
	Olivia	9	Palmerston	DNS
	Dylann	10	Palmerston	DNS
	Desana	9	Palmerston	DNS
	Francesca	9	Palmerston	DNS
	Olivia	10	Palmerston	DNS

Event 18

25mts Backstroke

9&10

	Name	Age	Code	Time
1	Nolan	9	Winona	17.81
2	Zachary	10	Palmerston	22.65
3	Justin	10	Palmerston	24.88
4	Adam	9	Winona	26.24
5	Christos	9	Winona	26.91
6	Jackson	9	Palmerston	36.56
7	Jack	10	Palmerston	29.56
	Michael	10	Palmerston	DNS

Event 19-21

25mts Backstroke

11&12 13&14

	Name	Age	Code	Time
1	Natasha	11	Winona	21.47
	Jamie	13	Palmerston	DNS
	Izabella	11	Winona	DNS
	Jaylin	12	Palmerston	DNS
	Michala	13	Palmerston	DNS
	Rebecca	15	Palmerston	DNS

Event 20-22

25mts Backstroke

11&12 13&14

	Name	Age	Code	Time
1	Marek	11	Palmerston	24.68
2	Natan	11	Winona	27.22

3	Dale	11	Winona	29.86
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Event 23-25-27-29
Event 24-26-28-30
14&U Mix

100mts Medley Relay

	Name	Age	Code	Time
1	Winona3	Mix	Mix	1.58.98
2	Winona2	Mix	Mix	2.04.18
3	Winona1	Mix	Mix	2.04.88
4	Palmerston2	Mix	Mix	2.08.47
5	Palmerston1	Mix	Mix	2.16.40

Event 31
8&U

25mts Breast Stroke

	Name	Age	Code	Time
1	Elizabeth	8	Palmerston	30.99
2	Deanna	8	Winona	34.12
3	Amilia	7	Palmerston	47.93
	Kaylie	8	Palmerston	DNS

Event 32
8&U

25mts Breast Stroke

	Name	Age	Code	Time
1	Noam	7	Winona	37.72
2	Ryan	8	Winona	38.81
3	Dries	8	Winona	40.27
	Hasan	8	Winona	DNS

Event 33
9&10

25mts Breast Stroke

	Name	Age	Code	Time
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1	Cecilia	10	Palmerston	24.62
2	Alyssa	10	Winona	24.93
3	Paola	9	Palmerston	30.76
4	Taryn	9	Winona	31.58
5	Sasha	9	Winona	34.42
	Olivia	9	Palmerston	DNS
	Dylann	10	Palmerston	DNS
	Desana	9	Palmerston	DNS
	Francesca	9	Palmerston	DNS
	Olivia	10	Palmerston	DNS

Event 34

25mts Breast Stroke

9&10

	Name	Age	Code	Time
1	Nolan	9	Winona	28.27
2	Zachary	10	Palmerston	31.09
3	Jack	10	Palmerston	31.17
4	Christos	9	Winona	34.4
5	Adam	9	Winona	36.81
6	Jackson	9	Palmerston	47.46
7	Justin	10	Palmerston	40.69
	Michael	10	Palmerston	DNS

Event 35-37

25mts Breast Stroke

11&12 13&14

	Name	Age	Code	Time
	Natasha	11	Winona	38.87
1	Jamie	13	Palmerston	DNS
	Izabella	11	Winona	DNS
	Jaylin	12	Palmerston	DNS
	Michala	13	Palmerston	DNS

Event 36-38

25mts Breast Stroke

11&12 13&14

	Name	Age	Code	Time
1	Dale	11	Winona	29.57

2	Natan	11	Winona	29.74
3	Marek	11	Palmerston	32.97

Event 39

25mts Butterfly

8&U

	Name	Age	Code	Time
1	Deanna	8	Winona	33.34
2	Elizabeth	8	Palmerston	41.53
3	Amilia	7	Palmerston	43.38
	Kaylie	8	Palmerston	DNS

Event 40

25mts Butterfly

8&U

	Name	Age	Code	Time
1	Dries	8	Winona	41.09
2	Noam	7	Winona	43.15
3	Ryan	8	Winona	50.92
	Hasan	8	Winona	DNS

Event 41

25mts Butterfly

9&10

	Name	Age	Code	Time
1	Alyssa	10	Winona	26.9
2	Cecilia	10	Palmerston	29.59
3	Taryn	9	Winona	36.52
4	Paola	9	Palmerston	39.4
5	Sasha	9	Winona	46.14
	Desana	9	Palmerston	DNS
	Francesca	9	Palmerston	DNS
	Dylann	10	Palmerston	DNS
	Olivia	10	Palmerston	DNS
	Olivia	9	Palmerston	DNS

25mts Butterfly

Event 42**9&10**

Time

1	Justin	10	Palmerston	26.19
2	Nolan	9	Winona	28.02
3	Zachary	10	Palmerston	28.44
4	Jack	10	Palmerston	36.39
5	Adam	9	Winona	43.26
6	Jackson	9	Palmerston	51.18
	Michael	10	Palmerston	DNS
	Christos	9	Winona	DNS

Event 43-45**25mts Butterfly****11&12 13&14**

Name	Age	Code	Time
Izabella	11	Winona	DNS
Jamie	13	Palmerston	DNS
Jaylin	12	Palmerston	DNS
Natasha	11	Winona	DNS
Michala	13	Palmerston	DNS

Event 44-46**25mts Butterfly****11&12 13&14**

Name	Age	Code	Time
1 Natan	11	Winona	31.22
2 Marek	11	Palmerston	32.34
3 Dale	11	Winona	34.32

Event 47-49-51-53**100mts Freestyle Relay****Event 48-50-52-54****14&U Mix**

Name	Age	Code	Time
1 Palmerston1	Mix	Mix	1.39.00

2	Winona3	Mix	Mix	1.42.22
3	Winona2	Mix	Mix	1.46.13
4	Palmerston2	Mix	Mix	2.01.66
5	Winona1	Mix	Mix	2.04.14

DNS: Did not Start