

# Standard First Aid & CPR-C



**Standard First Aid/CPR C (16 hrs/2 days):**

**Provides comprehensive training covering all aspects of first aid and CPR. Certification covers adult, child, and infant CPR and choking. It is designed for those requiring a more in-depth understanding of first aid including: medical/legal aspects, spinal injuries, heat and cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical injuries**

**Prerequisites: None**

**COURSE DATES:**

**October 2 & 3**

**9:00-5:00pm**

**Cost: \$95 (includes materials)**

**To register please contact the Aquatic Services Manager  
Shannon Caskey 416-534-8461 ex.226 shannon@stalbansclub.ca**

**[www.stalbansclub.ca](http://www.stalbansclub.ca)**



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